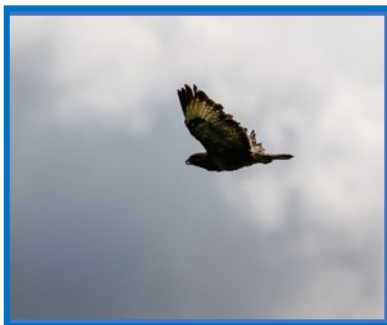


## QUIET DAYS AT TYMAWR 2026

### THE UNBOUNDARIED HEART



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The Society has a large group of Associates, Oblates and Companions who are committed to support the community through their life of prayer. We also welcome women who wish to explore a calling to a contemplative life of prayer or to deepen their prayer life, to live alongside for a period of discernment and formation. If you are drawn to discover more about any of these ways of participating in this life of prayer, please contact the Rev. Mother by letter or email [reverendmother@tymawrconvent.com](mailto:reverendmother@tymawrconvent.com)

**Please book your place for each Quiet Day by email to [SSCchaplain@gmail.com](mailto:SSCchaplain@gmail.com) or by post to The Chaplain, Tymawr Convent, Lydart. Monmouth NP25 4RN**

**Society of the Sacred Cross, Tymawr Convent, Lydart,  
Monmouth NP25 4RN.**

**Registered Charity no. 1135334**

**General enquiries: [community@tymawrconvent.com](mailto:community@tymawrconvent.com)**

## QUIET DAYS AT TYMAWR 2026

### THE UNBOUNDARIED HEART

**Discipleship and Hospitality:**

**Living today in the spirit of the teaching of St. Benedict**

#### **Saturday 2<sup>nd</sup> May with Abbot Brendan OSB, Belmont Abbey**

The day will focus on St. Benedict's Rule on Hospitality. Abbot Brendan was elected Abbot of Belmont Abbey 2022. He has wide experience of monastic life and of formation for Benedictines and Cistercians throughout the world.

#### **Saturday 4<sup>th</sup> July with the Rt. Revd. Dominic Walker OGS**

The day will focus on St. Benedict's Rule on Prayer and Community relationships. Bishop Dominic has had a wide experience of pastoral care and the nurture of discipleship as Bishop of Reading and of Monmouth. He is a member of the Oratory of the Good Shepherd. He is Bishop Visitor to Tymawr Convent.

**The 'Dream' of Martin Luther King:**

**Living today in the spirit of the teaching of Martin Luther King**

#### **Saturday 5<sup>th</sup> September with Dr Victoria Omotoso.**

Dr. Victoria is a contextual theologian, lecturer, and published author whose work explores faith, culture, and visual representations of Jesus. Her work brings academic research into conversation with lived experience, public engagement, and contemporary society. Author of *'Imag(in)ing Jesus in the Universal or Particular: Cross-Cultural Bible Film Reception of The Lumo Project: The Gospel of Mark and Son of Man.'* (T&T Clarke 2025)

#### **Saturday 3<sup>rd</sup> October with Revd. Canon Jarel Robinson-Brown**

Father Jarel is the Vicar of St German's Church, Adamsdown, Cardiff.; Visiting Scholar at Sarum College, Salisbury ;Visiting Fellow at Regent's Park College, Oxford. He was formerly Vice-Chair and then Co-Chair of the Global LGBT+ Christian Charity OneBodyOneFaith. Author of *'Black, Gay, British, Christian, Queer: The Church and the Famine of Grace'* (SCM Press, 2021). He is an Oblate of Ealing Abbey.

#### **Saturday 7<sup>th</sup> November with Professor Anthony G. Reddie**

Professor of Black Theology and Director, the Centre of Black Theology, University Oxford & Extraordinary Professor, Theological Ethics: University of South Africa. Author of *Living Black Theology: Decolonizing Knowledge.* (Oxford: Oxford University press, 2025); *Theologising Brexit: A Liberationist and Postcolonial Critique* (London: Routledge, 2019.)

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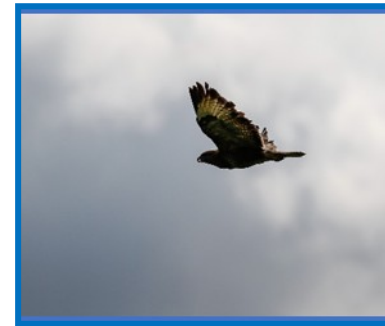
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